



# We're off and running!

## Shining Lights

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Year 12  
The Editor



There are two types of student on Sports Day: those who embrace it, and those who don't. I was never one to embrace the sports part of Sports Day; it's never been my thing and never will be. And that's ok. However, while I may have spent many sports days hiding under blankets when my name was called for the relay, or nipping to the loo when my time came to run the 800m, I also have many heart-warming memories of these days helping with charity cake sales and taking photographs of the athletes.

While the vast majority of people love the buzz of sports day, there are always some individuals who choose not to participate at all. They may put it down to embarrassment, say it's pointless or just that they 'can't be bothered'. But there is something to take from these experiences: embrace it! Learn to laugh at yourself! Because in reality, I don't have the faintest clue of who came last in the 100m, who fell over, or who threw up. No one is really that bothered. We don't necessarily remember the specifics of the day, we remember the feeling of it. And we can choose whether or not we make that a positive one: by finding a way of participating and having fun. Or we can choose to make it a negative one: by spending the day in fear of being embarrassed.

Doing things we don't want to helps us become well-rounded, wise individuals or, as Bo Bennett said, 'An excuse becomes an obstacle in your journey to success when it is made in place of your best effort.'

Produced by the Press Team



Carly Perring (Head of Dept.) Lilly Goddard, Elsa Perry

The Hockey Club was the first club to win the Club of the Year Award, in our **Sports Personality 15 Awards**, for having the most regular attendees, and very high numbers all year round. A very special thanks to Lorna Souch who runs the club.

Team of the Year Award went to the Table Tennis team consisting of Elsa Perry, Holly Johns, Jazmine Johns and former Sports Personality winner Lilly Goddard who became the English Schools Table Tennis Champions. The winner of 'SP15' was Jess Adams, Year 11, who has never missed a training session and so shows the younger students what it means to be committed. She works hard on and off the pitch and is always seen to be smiling, and helping others. A true KEVICC sporting legend. The runners-up were very hard to finalise but Lilly and Elsa are true champions, and fantastic role models for younger members of the College. Ben Baber-Hale was awarded a runners-up place - a true role model. He gives up his own time to work with the primary schools, as well as maintaining very standards within both his sport and his studies.



## KEVICC Sports Day

Sports Day is always a fantastic event for the whole College to enjoy and always comes with the challenges of the weather! The day started for us at 7am with setting up the field ready for the big event.

Last year we introduced two new events - Archery and Wacky Races - which allowed

students to compete in mixed teams. **Wacky Races** took prime position in front of the spectators - some even ran the last 50m! Two records were beaten - the Girls Year 7 Shot Putt, which has stood since 2001 at 7.14m, was broken by Jasmine Scott-Taylor who threw 7.73m. The Year 9 Boys Long Jump record, which has stood since 1996 at 5.20m, was broken by Harvey Harrington jumping 5.24m.

Two Year 10 boys, Shay Pomeroy and Stephano Catalano won the 100m races in 11.76 secs, breaking our record that has stood for 30 years! Year 9 Babbage Boys Relay A team set a new record of 52.66 seconds.

The day ended with the presentation of the trophies. The house shield was presented to Davis with 1332 points (unbeaten for two years). Shelly O'Leary, Year 10, won the The Anchor Cup - our Endeavour Cup, presented in loving memory of ex-student Tom Perrin - and awarded for potential and for those who inspire others by overcoming challenges and are true team players.



## activities week



From the 'Great British Bake-off', to Aero modelling, Textiles and Song-writing it was an exciting and stimulating week to be at KEVICC.



**Aero modelling:** lots of tapping with hammers and people using glue to make their aero models. I interviewed a Year 7 boy called Daniel Flanagan, who talked about how much he was enjoying aero modelling and really looking forward to taking home a plane that will be propelled with rubber bands and one that will be propelled by kinetics. **James Hoff**



**Song writing and Recording** From pop to heavy metal - four days of exciting songwriting, recording and performance ensured a great end to my first year! **Eve Aspland**

## Summer School!

Students in Years 5, 6 & 7 spent two exciting, enrichment activity weeks at KEVICC, experiencing Art, Drama, Dance & Music or Sports and Team Building.



Matt Harvey with drama students

The Drama & Music days had an environmental theme and were planned using Matt's book of poems *The Element in the Room*.



"Being able to play team games, you learn to work better in a group and I got to know more people. Great!"

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