

YEAR 9 Dance@KEVICC

- Autumn Term 2020
AQA GCSE Drama

Skills-based approach

The practical component of the course enables students to study dance by 'doing' and the anthology of professional works will provide a springboard for the development of creative and engaging practical tasks. The study of the anthology will facilitate the development of students' skills in performance and choreography as well as broadening their knowledge and understanding of dance and ability to critically appraise dances of different styles and cultural influences.

Knowledge, understanding and skills for performance

Physical skills and attributes, including:

- posture • alignment • balance • coordination • control • flexibility • mobility • strength • stamina • extension • isolation.

Technical skills, including:

- action content (eg travel, turn, elevation, gesture, stillness, use of different body parts, floor work, transfer of weight)
- dynamic content (eg fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt)
- spatial content (eg pathways, levels, directions, size of movement, patterns, spatial design)
- relationship content - for duet/trio performance only (eg lead and follow, mirroring, action and reaction, accumulation, complement and contrast, counterpoint, contact, formations)
- timing content • rhythmic content • movement in a stylistically accurate way.

Expressive skills, including:

- projection • focus • spatial awareness • facial expression • phrasing.

For duet/trio performance only:

- musicality • sensitivity to other dancers • communication of choreographic intent, including mood(s), meaning(s), idea(s), theme(s) and/or style/style fusion(s).

Mental skills and attributes (during performance), including:

- movement memory • commitment • concentration • confidence.

Knowledge, understanding and skills for performance Safe working practices (during performance), including:

- safe execution • appropriate dancewear, including: • footwear • hairstyle
- absence of jewellery.

Mental skills and attributes (process), including:

- systematic repetition • mental rehearsal • rehearsal discipline • planning of rehearsal
- response to feedback • capacity to improve.

Safe working practices (process), including:

- warming up • cooling down • nutrition • hydration.

Helpful Resources:

Exam Board: <https://www.aqa.org.uk/subjects/dance/gcse/dance-8236>

Dance Anthology: <https://www.aqa.org.uk/resources/dance/gcse/dance/teach/dance-anthology>

https://www.youtube.com/watch?v=z_yqDn_20PQ&list=PLGs9dd2GvGIIDpVXBhEyMOHm5PHQpa1Ec&index=3

Google Classroom Code: cundocq