

**(V) - VEGETARIAN (GF) - GLUTEN FREE**  
**(VG) - VEGAN (DF) - DAIRY FREE**

# DAIRY FREE MENU

*\* Please speak to a member of catering  
in the morning to pre-order lunch*

## WEEK 1

Main meal £1.80  
Daily dessert £0.80  
Meal & dessert £2.20

5th Jan/ 24th Jan/ 14th Feb/ 14th March/ 4th April

**MONDAY**

Choose a main meal... On the side...

**Chicken & Chorizo Paella (GF, DF)** Mixed salad  
**Quorn Paella (V, GF, DF)**

**TUESDAY**

Choose a main meal... On the side...  
**Beef Burger** Baked Potato Wedges &  
**Spicy Bean** Baked Beans  
**Burger (V)**

**WEDNESDAY**

Choose a main meal... On the side...  
**Red Tractor roast** Crispy Roast Potatoes,  
**Chicken Breast (GF, DF)** fresh Broccoli, Carrots &  
**Quorn Fillet (V, GF)** Gravy (GF, V)  
For dessert...  
Apple Crumble

**THURSDAY**

Choose a main meal... On the side...  
**Sweet Potato & Chickpea** White & Brown Rice  
**Katsu Curry (V, VG, GF,**  
**DF)**

**FRIDAY**

Choose a main meal... On the side...  
**Battered Fillet of Fish** Chips & Musky Peas  
**Jacket Potato with Beans**  
**(V)**

## WEEK 2

Main meal £1.80  
Daily dessert £0.80  
Meal & dessert £2.20

10th Jan/ 31st Jan/ 28th Feb/ 21st March

**MONDAY**

Choose a main meal... On the side...  
**West Country Pork** Creamy Mashed Potato,  
**Sausage** Green Beans & Onion  
Gravy (GF, V)

**TUESDAY**

Choose a main meal... On the side...  
**Chicken Fajita (DF)** Oven Baked Wedges  
**Vegetable & Bean Fajita** Mixed Salad  
**(V, VG, DF)**

**WEDNESDAY**

Choose a main meal... On the side...  
**Roast Farmstead** Crispy Roast Potatoes,  
**Gammon** fresh Carrots, Peas &  
**Bombay Roasted** Gravy (GF, V)  
**Cauliflower (V, VG, GF)** For dessert...  
Summer Berry Crumble

**THURSDAY**

Choose a main meal... On the side...  
**Katsu Chicken Curry (GF,** White & Brown Rice  
**DF)**  
**Lentil & Green Pea Curry** For dessert...  
**(V, VG, GF, DF)** Fruity Flapjack

**FRIDAY**

Choose a main meal... On the side...  
**Chicken Chunks (DF)** Spiced Potato Wedges &  
Baked Beans

## WEEK 3

Main meal £1.80  
Daily dessert £0.80  
Meal & dessert £2.20

17th Jan/ 7th Feb/ 7th March/ 28th March

**MONDAY**

Choose a main meal... On the side...  
**Beef Chilli (GF, DF)** Nachos  
**5 Bean Chilli (V, VG, DF,** Mixed Salad  
**GF)**

**TUESDAY**

Choose a main meal... On the side...  
**Chicken & Vegetable** Egg Noodles  
**Chow Mein**  
**Vegetable Chow Mein (V)**

**WEDNESDAY**

Choose a main meal... On the side...  
**Red Farmstead Turkey** Crispy Roast Potatoes,  
**Quorn Fillet (V, GF)** fresh Carrots, Peas &  
Gravy (GF, V)  
For dessert...  
Apple & Pear Crumble

**THURSDAY**

Choose a main meal... On the side...  
**Pasta with Bolognese** Mixed Salad  
**Sauce**  
**Pasta with Pomodoro**  
**Sauce (V)**

**FRIDAY**

Choose a main meal... On the side...  
**Southern Fried Chicken** Chips & Baked Beans  
**Strips (DF)**  
**Vegan Sausage Roll (V,**  
**VG)**